

## Why Volunteer?

Help local organizations with the important work they do for our community.



To learn new skills. You can explore other career paths and unleash your potential network. More importantly, you can really make an impact.

# Anyone can volunteer

Volunteer as an individual, with friends, family, sports teammates or your colleagues!

## Spotlight Volunteer Opportunities

### Career Stylist – Personal Shopper

Do you often get complimented on your wardrobe? Volunteer and assist job seekers with selecting the best outfit for an upcoming interview. Help others dress to impress by expressing interest in this great opportunity.

### Book Buddy

Do you love to read? Would you like to help children learn to love reading too? Read one-on-one with children grades 1-4 on a weekly basis through the Book Buddies program. Help children in the Poughkeepsie, Wappingers, LaGrange/Arlington and Newburgh areas learn to read by becoming a book buddy!

### Friendly Visitor

Become a friendly visitor and work with elderly local residents. Duties include visits to the facility, friendly conversation, reading to residents and taking residents outdoors. This is a great opportunity to give a resident companionship!

### Community Based Mentor

Can you remember who helped you through tough times as a child? Help fill the need for adult mentors and enrich a child's life now and in the future. By participating in activities with your mentee, you can ensure that they have the social, emotional and academic support they need to be successful.

Interested in any of these opportunities?

Start Volunteering Today

Go to [volunteer.uwdor.org](http://volunteer.uwdor.org) and set up a volunteer profile or call

Melissa at 845.471.1900 ext 3128 for further details.



United Way of the  
Dutchess-Orange Region